

**COMPLETE STREETS COMMITTEE  
CITY OF MIDDLETOWN, CT  
MINUTES JUNE 13, 2016**

In attendance: John Hall, Cindi Perugini, Ron Krom, David Sandler, Laura Baum, Beth Emery, Pam Frost

Minutes of the May 2016 meeting accepted by Pam and Beth

Laura brought to the attention of the committee a community based bike shop in Hartford called BiCi Co. A not for profit organization that provides youth programs and after school opportunities for Hartford area youth and teens. BiCi Co. is part of the Center for Latin progress and encourages hartford youths to participate in build a bike and repair bike programs at their bike shop.

**Action Plan/Calendar of events:**

Both Howard and Kate were absent from the meeting. Nothing new to report.

**Family Bike Ride/Kids Health and Safety Day: May 14, 2016:**

The bike ride was a success with approximately 50 participants, and an array of ages. Ron received feedback from the Kids Health and Safety Day organizers regarding our participation with the family bike ride.

The following was suggested:

- Upon return, the bikers were blocking the bike rodeo
- The bikers were too spread out for the PD to have control over the traffic
- Should consider an age limit i.e.. not less than 8 years old and no training wheels

Possibly an additional ride can be added next year for younger kids with a shorter length.

**Public Works and Public Safety Meeting:**

Chris Holden (Deputy Director PW) and Dave Godwin (PD Traffic Authority) are willing to work with CS to provide lane markings on Long Lane, Boston Road, and Ridge Road. They would like CS to have input in setting criteria for lane markings so requests made are reasonable and within specific limitations.

Possible suggestions:

- High traffic volume
- Dense residential population
- The street is on CS priority list

- Speed as a factor
- Width of street and feasibility of room for markings

Possibly CS can either add or subtract some streets on the list as infrastructure projects are implemented. CS can take some of the responsibility along with the PD and PW for the implementation of the criteria.

Laura suggested we utilize NATCO, an urban design guide, as a guide for the criteria.  
**She will forward the link.**

It remains imperative that CS is at the forefront of the meeting when decisions are being made regarding road infrastructure projects. CS will work closely with Tom to ensure the Master Plan and ordinance are implemented when necessary.

**This subject will be addressed at the next meeting.**

**Saybrook Road evaluation update:**

John informed the committee that Tom Nigosanti and Chris Holden want the Saybrook Road project done properly. It will probably be necessary to allocate additional funds to enlarge the sidewalk and redesign the road taking great care in the safety of pedestrians and cyclists in this area.

**Report on Board of Health meeting:**

Monica was not in attendance at this meeting, however, she informed John the Board of Health Commission welcomed her at their meeting. John stated the Board is supportive of the CS committee and would like to know what role they can play in assisting the committee.

What role can the Health Department assist in this endeavor:

- Request formal letter from Health Department indicating research is conclusive for positive health benefits
- Request Health Department to support CS initiatives and be an additional voice
- Explore grant funding for CS projects

**Report on Bike/Walk Summit: June 2&3 at Central Connecticut State University:**

John, Laura and Beth attended the conference. Mark Fenton was the keynote presenter who made a compelling case backed by statical data for the health benefits of exercise for children as well as adults.

John suggested CS stress the public health perspective of complete streets. The data identifies children as a high risk for health disease such as Type 2 diabetes, heart disease and obesity.

Also how can CS reach out to diverse communities?

Is it possible to get Mark Fenton to give a talk to Health Department?

**Laura will forward Mark Fenton's keynote information for our review.**

Maybe best to work in conjunction with School Administrators who can champion our cause i.e.. bike safety training for 4th graders

**Put on agenda for next month to discuss with Monica.**

**UConn Crash Data website:**

Middletown received an RFP from River COG that will allow the City of Middletown to apply for grant funding for accident reduction program.

The most dangerous streets must be identified, areas of major accident concern.

The City must pay for the research but the State will provide \$500,00.00 for repairs.

**Dave will look into this program and report back.**

**November Road Bond funding:**

The Common Council will be voting in September to approve road bond.

CS needs to identify the roads that are on the road bond and compare with CS streets that require attention. Also need to clarify the exact process so that CS does not miss this opportunity.

John will provide members with list of CS priority streets before July meeting.

Next meeting July 11, 2016 7 PM Council Chambers